# MetaFormer Is Actually What You Need for Vision

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## Background

- Previous ViT architecture uses attention and channel MLP layers with normalization
- The self-attention is quadratic to the number of tokens
- Another work replaced the self-attention with spatial MLP to achieve competitive results
- This step is referred to as the token mixer



Transformer (e.g. DeiT) MLP-like model (e.g. ResMLP)

#### Motivation

- Success of transformers are often attributed to the self-attention token mixer
- However, the MetaFormer architecture is what is required for the competitive performance
- Using a very simple pooling token mixer, PoolFormer outperforms other models



## Motivation

- The MetaFormer architecture is a generalized form of a transformer
- The PoolFormer is a specific instance of the MetaFormer that uses simple pooling as the token mixer



#### Methodology: Overview

- The pooling is made of 4 stages, with L total pooling blocks
- Pooling is a linear computational complexity algorithm



(b) PoolFormer block

#### Methodology: What is pooling?

• The formula for pooling with 3D data  $(T_{i,i,j})$  is:

$$T'_{:,i,j} = \frac{1}{K \times K} \sum_{p,q=1}^{K} T_{:,i+p-\frac{K+1}{2},i+q-\frac{K+1}{2}} - T_{:,i,j}, \quad (4)$$

2	2	7	3
9	4	6	1
8	5	2	4
3	1	2	6



## Methodology

- Multiple PoolFormer models are trained
- The hyperparameters are listed in the table
- Named "S" and "M" for small and medium embedding sizes
- L is the the number of pooling blocks

Stage #Tokens		Laver Sn	PoolFormer							
		Layer Sp	S12	S24	S36	M36	M48			
		Patch	$7 \times 7$ , stride 4							
		Embedding	Embed. Dim.		64	96				
1	$\frac{H}{4} \times \frac{W}{4}$	DoolFormer	Pooling Size	$3 \times 3$ , stride 1						
		Ploak	MLP Ratio			4				
		DIOCK	# Block	2	4	6	6	8		
		Patch	Patch Size		$3 \times$	3, str	ide 2	2		
		Embedding	Embed. Dim.		128	192				
$2  \left  \frac{H}{8} \times \frac{W}{8} \right $	PoolFormer	Pooling Size								
		Plock	MLP Ratio	4				-		
		BIOCK	# Block	2	4	6	6	8		
		Patch	Patch Size	$3 \times 3$ , stride 2						
		Embedding	Embed. Dim.		84					
3	$\frac{H}{16} \times \frac{W}{16}$	PoolFormer	Pooling Size	$3 \times 3$ , stride 1						
			MLP Ratio	4						
		DIOCK	# Block	6	12	18	18	24		
		Patch	Patch Size		$3 \times$	3, str	ide 2			
		Embedding	Embed. Dim.	512 768				68		
4	$\frac{H}{32} \times \frac{W}{32}$	PoolFormer	Pooling Size	$3 \times 3$ , stride 1						
		Ploak	MLP Ratio	4						
		BIOCK	# Block	2	4	6	6	8		
Parameters (M)			110	214	20.9	56 1	72 /			
	Pa	trameters (M)		11.9	21.4	50.0	50.1	15.4		

# **Experimental Results**

#### ImageNet-1k Classification Results

General Arch.	Token Mixer	Outcome Model	Image Size	Params (M)	MACs (G)	Top-1 (%)
		RSB-ResNet-18 [24, 59]	224	12	1.8	70.6
Convolutional		RSB-ResNet-34 [24, 59]	224	22	3.7	75.5
	_	RSB-ResNet-50 [24, 59]	224	26	4.1	79.8
ineural inelowiks		RSB-ResNet-101 [24, 59]	224	45	7.9	81.3
		RSB-ResNet-152 [24, 59]	224	60	11.6	81.8
		▲ ViT-B/16* [17]	224	86	17.6	79.7
		▲ ViT-L/16* [17]	224	307	63.6	76.1
		▲ DeiT-S [53]	224	22	4.6	79.8
	Attention	▲ DeiT-B [53]	224	86	17.5	81.8
	Attention	A PVT-Tiny [57]	224	13	1.9	75.1
		A PVT-Small [57]	224	25	3.8	79.8
		PVT-Medium [57]	224	44	6.7	81.2
		A PVT-Large [57]	224	61	9.8	81.7
	Spatial MLP	MLP-Mixer-B/16 [51]	224	59	12.7	76.4
		ResMLP-S12 [52]	224	15	3.0	76.6
MataFormar		ResMLP-S24 [52]	224	30	6.0	79.4
WietaFormer		ResMLP-B24 [52]	224	116	23.0	81.0
		Swin-Mixer-T/D24 [36]	256	20	4.0	79.4
		Swin-Mixer-T/D6 [36]	256	23	4.0	79.7
		Swin-Mixer-B/D24 [36]	224	61	10.4	81.3
		gMLP-S [35]	224	20	4.5	79.6
		▶ gMLP-B [35]	224	73	15.8	81.6
		PoolFormer-S12	224	12	1.8	77.2
		PoolFormer-S24	224	21	3.4	80.3
	Pooling	PoolFormer-S36	224	31	5.0	81.4
		PoolFormer-M36	224	56	8.8	82.1
		PoolFormer-M48	224	73	11.6	82.5

Table 2. Performance of different types of models on ImageNet-1K classification. All these models are only trained on the ImageNet-

Accuracy vs Model Size



Figure 3. ImageNet-1K validation accuracy vs. MACs/Model Size. RSB-ResNet means the results are from "ResNet Strikes Back" [59] where ResNet [24] is trained with improved training procedure for 300 epochs.

#### **COCO** Object Detection Results

Rackhone	RetinaNet 1×						Mask R-CNN 1×							
Dackoone	Params (M)	AP	<b>AP</b> <sub>50</sub>	<b>AP</b> <sub>75</sub>	$AP_S$	$AP_M$	$AP_L$	Params (M)	AP <sup>b</sup>	$AP_{50}^{b}$	$AP_{75}^{b}$	$AP^{m}$	$AP_{50}^{\mathrm{m}}$	$AP_{75}^{m}$
ResNet-18 [24]	21.3	31.8	49.6	33.6	16.3	34.3	43.2	31.2	34.0	54.0	36.7	31.2	51.0	32.7
PoolFormer-S12	21.7	36.2	56.2	38.2	20.8	39.1	48.0	31.6	37.3	59.0	40.1	34.6	55.8	36.9
ResNet-50 [24]	37.7	36.3	55.3	38.6	19.3	40.0	48.8	44.2	38.0	58.6	41.4	34.4	55.1	36.7
PoolFormer-S24	31.1	38.9	59.7	41.3	23.3	42.1	51.8	41.0	40.1	62.2	43.4	37.0	59.1	39.6
<b>ResNet-101</b> [24]	56.7	38.5	57.8	41.2	21.4	42.6	51.1	63.2	40.4	61.1	44.2	36.4	57.7	38.8
PoolFormer-S36	40.6	39.5	60.5	41.8	22.5	42.9	52.4	50.5	41.0	63.1	44.8	37.7	60.1	40.0

Table 3. Performance of object detection using RetinaNet, and object detection and instance segmentation using Mask R-CNN on COCO val2017 [34].  $1 \times$  training schedule (*i.e.*12 epochs) is used for training detection models.  $AP^b$  and  $AP^m$  represent bounding box AP and mask AP, respectively.

#### **ADE20K Semantic Segmentation Results**

Backhone	Semantic FPN			
Backbolle	Params (M)	mIoU (%)		
V ResNet-18 [24]	15.5	32.9		
A PVT-Tiny [57]	17.0	35.7		
PoolFormer-S12	15.7	37.2		
V ResNet-50 [24]	28.5	36.7		
A PVT-Small [57]	28.2	39.8		
PoolFormer-S24	23.2	40.3		
V ResNet-101 [24]	47.5	38.8		
ResNeXt-101-32x4d [62]	47.1	39.7		
▲ PVT-Medium [57]	48.0	41.6		
PoolFormer-S36	34.6	42.0		
▲ PVT-Large [57]	65.1	42.1		
PoolFormer-M36	59.8	42.4		
V ResNeXt-101-64x4d [62]	86.4	40.2		
PoolFormer-M48	77.1	42.7		

Table 4.Performance of Semantic segmentation onADE20K [67] validation set.All models are equipped with Semantic FPN [30].

#### **Ablation Studies - Token Mixers**

Ablation	Variant	Params (M)	MACs (G)	Top-1 (%)
Baseline	None (PoolFormer-S12)	11.9	1.8	77.2
~	Pooling $\rightarrow$ Identity mapping	11.9	1.8	74.3
	Pooling $\rightarrow$ Global random matrix <sup>*</sup> (extra 21M frozen parameters)	11.9	3.3	75.8
Tokan miyara	Pooling $\rightarrow$ Depthwise Convolution [9, 38]	11.9	1.8	78.1
TOKEII IIIIXEIS	Pooling size $3 \rightarrow 5$	11.9	1.8	77.2
	Pooling size $3 \rightarrow 7$	11.9	1.8	77.1
	Pooling size $3 \rightarrow 9$	11.9	1.8	76.8
	Modified Layer Normalization <sup>†</sup> $\rightarrow$ Layer Normalization [1]	11.9	1.8	76.5
Normalization	Modified Layer Normalization <sup>†</sup> $\rightarrow$ Batch Normalization [28]	11.9	1.8	76.4
	Modified Layer Normalization <sup><math>\dagger</math></sup> $\rightarrow$ None	11.9	1.8	46.1
Activation	$GELU [25] \rightarrow ReLU [41]$	11.9	1.8	76.4
Activation	$GELU \rightarrow SiLU [18]$	11.9	1.8	77.2
Other components	Residual connection [25] $\rightarrow$ None	11.9	1.8	0.1
Other components	Channel MLP $\rightarrow$ None	2.5	0.2	5.7
Hybrid Stages	$[Pool, Pool, Pool, Pool] \rightarrow [Pool, Pool, Pool, Attention]$	14.0	1.9	78.3
	[Pool, Pool, Pool, Pool] $\rightarrow$ [Pool, Pool, Attention, Attention]	16.5	2.5	81.0
	$[Pool, Pool, Pool, Pool] \rightarrow [Pool, Pool, Pool, SpatialFC]$	11.9	1.8	77.5
	[Pool, Pool, Pool, Pool] $\rightarrow$ [Pool, Pool, SpatialFC, SpatialFC]	12.2	1.9	77.9

Table 5. Ablation for PoolFormer on ImageNet-1K classification benchmark. PoolFormer-S12 is utilized as the baseline to conduct <sup>13</sup>

#### **Ablation Studies - Hybrid Stages**

Ablation	Variant	Params (M)	MACs (G)	Top-1 (%)
Baseline	None (PoolFormer-S12)	11.9	1.8	77.2
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Hybrid Stages	$[Pool, Pool, Pool, Pool] \rightarrow [Pool, Pool, Pool, Attention]$	14.0	1.9	78.3
	$[Pool, Pool, Pool, Pool] \rightarrow [Pool, Pool, Attention, Attention]$	16.5	2.5	81.0
	$[Pool, Pool, Pool, Pool] \rightarrow [Pool, Pool, Pool, SpatialFC]$	11.9	1.8	77.5
	$[Pool, Pool, Pool, Pool] \rightarrow [Pool, Pool, SpatialFC, SpatialFC]$	12.2	1.9	77.9

 Table 5. Ablation for PoolFormer on ImageNet-1K classification benchmark.
 PoolFormer-S12 is utilized as the baseline to conduct
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#### **Qualitative Results**



Input

RSB-ResNet-50 [59]

DeiT-small [53]

ResMLP-S24 [52]

PoolFormer-S24

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## Conclusion

- Traditionally it is believed that attention is the key to success of the Transformers such as T2T-ViT, PVT, Swin, etc.
  - Attention is all you need

- In this work, the authors introduced a general Transformer architecture named MetaFormer by abstracting the attention layers
  - MetaFormer with simple pooling instead of attention delivers competitive performance on different vision tasks
  - MetaFormer is actually what you need for vision

# Thanks

# Any Questions?